



# SPRING MENU 2025

## WEEK ONE

THE  
CAFÉ



|                   | MONDAY                       | TUESDAY                 | WEDNESDAY                    | THURSDAY                        | FRIDAY                       |
|-------------------|------------------------------|-------------------------|------------------------------|---------------------------------|------------------------------|
| MAIN COURSE       | Pasta Bolognese              | Sweet & Sour Chicken    | Roast Chicken                | Chilli Con Carne                | Battered Fish                |
| VEGETARIAN OPTION | Cheese & Tomato Pizza        | Vegetable Samosa        | Vegetable Pasta Bake         | BBQ Veggie Wrap                 | Vegetarian Fish Finger       |
| LIGHTER OPTION    | Jacket Potato Cheese & Beans | Cheesy Jacket Potato    | Jacket Potato & Tuna Mayo    | Cheesy Jacket Potato            | Jacket Potato Cheese & Beans |
| VEGETABLES        | Sweetcorn                    | Baked Beans or Broccoli | Carrots                      | Baked Beans or Vegetable Medley | Peas or Baked Beans          |
| SIDES             | Garlic Bread or Wedges       | Savoury Rice            | Roasted Potato/ Garlic Bread | Rice                            | Chips                        |
| DESSERT           | Cookie of the Day            | Chocolate Brownie       | Jelly of the Day             | Vanilla Sponge                  | Ice cream                    |

*Salad bar & bread served daily.*

*Daily desserts include yoghurt and fresh fruit.*



**Food Allergies and Intolerance**  
If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.





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|-------------------|---------------------------|----------------------------|---------------------------------|-------------------------------|----------------------|
| MAIN COURSE       | Sweet Chilli Chicken Wrap | Chicken Curry              | Cottage Pie                     | Chicken Nuggets               | Fishcake             |
| VEGETARIAN OPTION | BBQ Quorn Roast           | Oriental Vegetable Noodles | Cheese & Onion Pastry Roll      | Macaroni Cheese               | Veggie Burger        |
| LIGHTER OPTION    | Jacket Potato & Beans     | Jacket Potato & Tuna Mayo  | Cheesy Jacket Potato With Beans | Jacket Potato Cheese & Beans  | Cheesy Jacket Potato |
| VEGETABLES        | Beans or Peas             | Broccoli                   | Vegetable Medley                | Sweetcorn                     | Baked Beans or Peas  |
| SIDES             | Baked Wedges              | Rice                       | Mashed Potato                   | Garlic Bread/ Sautee Potatoes | Chips                |
| DESSERT           | Shortbread                | Jelly of the Day           | Sprinkle Cake                   | Chocolate Chip Cookie         | Ice cream            |

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|-------------------|-----------------------|-------------------------|---------------------------|------------------------------|----------------------|
| MAIN COURSE       | Chicken Burger        | Fish Fingers            | Chicken Sausage in Gravy  | Beef Lasagne                 | Breaded Fish         |
| VEGETARIAN OPTION | Vegetable Chilli      | Cheese and Tomato Pizza | Quorn Sausage in Gravy    | Cheese & Potato Swirl        | Vegan Quorn Nugget   |
| LIGHTER OPTION    | Jacket Potato & Beans | Cheesy Jacket Potato    | Jacket Potato & Tuna Mayo | Jacket Potato Cheese & Beans | Cheesy Jacket Potato |
| VEGETABLES        | Sweetcorn             | Baked Beans             | Broccoli                  | Baked Beans or Sweetcorn     | Baked Beans or Peas  |
| SIDES             | Savoury Rice          | Buttered New Potato     | Mashed Potato             | Garlic Bread                 | Chips                |
| DESSERT           | Shortbread Biscuit    | Toffee Sponge & Custard | Jelly of the Day          | Chocolate Sponge cake        | Ice cream            |

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